



Iowans from across the state have shown their support for the Healthiest State Initiative by getting out and WALKING this week. Celebrating the fourth year of this initiative, students & staff from WCSD joined in and enjoyed beautiful weather walking outdoors. Iowa's plan to become the healthiest state in the nation within five years was announced in 2011 and the annual START SOMEWHERE WALK held here in Iowa is just one example of how every Iowan can become healthier. The Healthiest State Initiative focuses on areas that will help improve the state's well-being: efforts to promote consumption of fruits/ vegetables, smoking cessation initiatives and programs to improve workplace well-being. For more information, visit www.iowahealthieststate.com

. Pictured here are students & staff from Lincoln Elementary.

