

Washington Cross Country Camp 2017

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Who: Any 7th-12th grader (2017-2018 school year)

When: Friday, August 4th 8-2pm

Where: Lake Darling State Park - We will meet down by the beach.

Please bring: good running shoes, water, swimsuit, towel, yoga mat (towel will work) and a sack lunch.

Optional: Bug spray, change of clothes, snack

We will be running, doing yoga, team building and having fun!

Cost is \$25 Please make checks payable to Washington Boosters

For more information or questions, please contact Head Coach Stefanie Tschantz at 319-461-1789 or stschant@washington.k12.ia.us

Please tear off bottom portion and send to the address below by July 28th.

Washington Cross Country Camp Registration

Name: _____ Grade (fall 2017): _____

Address: _____

Parent Name(s): _____ Parent Phone Number: _____

Parent email: _____

Parental Release

I hereby authorize the staff of Washington Cross Country Camp to act according to its best judgement in any emergency requiring medical attention and I hereby waive and release the camp personnel, Washington Community Schools and Lake Darling from any and all liability for illness/injury the camper may incur while at camp. I have no knowledge of any physical impairment that would be affected by the above named player's participation in the camp program.

Signature (Parent/Guardian)

Date

Please mail registration to: Stefanie Tschantz @ 916 Prospect Place Washington, IA 52353.

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