


# June / July 2019



**Washington Community Schools /Lincoln Elementary**  
**Summer Lunch Menu**  
 Washington, Iowa  
 Ages 1-18 Free Adults \$3.75

<b>Monday June 10</b>	<b>Tuesday June 11</b>	<b>Wednesday June 12</b>	<b>Thursday June 13</b>	<b>Friday June 14</b>
Super Beef Nachos Steamed Green Beans Refried Beans Fresh Watermelon Milk Choice	Hamburger on WG Bun Sweet Potato Fries Steamed Broccoli Fresh Clementine Milk Choice	Chicken & Noodles Mashed Potatoes Steamed Carrots Fresh Orange WG Roll w/Jelly Milk Choice	Ham & Cheese Sandwich on WG Bun Baked Chips Baked Beans Fresh Strawberries Diced Peaches Milk Choice	Pizza Caesar Salad Corn on the Cob Fresh Pear Ice Cream Cup Milk Choice
<b>Monday June 17</b>	<b>Tuesday June 18</b>	<b>Wednesday June 19</b>	<b>Thursday June 20</b>	<b>Friday June 21</b>
Pork Tenderloin Sandwich on WG Bun Potato Wedges Calico Beans Applesauce Milk Choice	Fajita Chicken Wrap w/Red and Green Peppers Refried Beans Steamed Corn Fresh Grapes Milk Choice	Spaghetti w/Meat Sauce Steamed Green Beans Fresh Apple WG Breadstick Milk Choice	BBQ Rib Sandwich on WG Bun Sweet Potato Fries Baked Beans Fresh Watermelon Milk Choice	Turkey & Cheese Sandwich on WG Bun Baked Fritos Seasoned Peas Fresh Banana Milk Choice
<b>Monday June 24</b>	<b>Tuesday June 25</b>	<b>Wednesday June 26</b>	<b>Thursday June 27</b>	<b>Friday June 28</b>
Cheeseburger on WG Bun French Fries Steamed Mixed Vegetables Fresh Strawberries Milk Choice	French Toast Stick Hash Brown Patty Sausage Patty Fresh Cantaloupe Milk Choice	Chicken Nuggets Baked Potato Steamed Zucchini Apricots WG Bread w/Butter Milk Choice	Macaroni & Cheese Meatballs Steamed Peas & Carrots Rosy Applesauce Milk Choice	Hot Dog Sun Chips Steamed Green Beans Fresh Clementine Milk Choice
<b>Monday July 1</b>	<b>Tuesday July 2</b>	<b>Wednesday July 3</b>	<b>Thursday July 4</b>	<b>Friday July 5</b>
Orange Chicken Stir-Fry Vegetables Brown Rice Pineapple WG Donut Milk Choice	Corn Dog Sweet Potato Fries Baked Beans Diced Peaches Milk Choice	Crispitos w/Cheese Sauce Tortilla Chips & Salsa Steamed Corn Fresh Apple Milk Choice	 <b>CLOSED</b>	Philly Cheese Steak w/Red & Green Peppers & Onions Potato Wedges Fresh Orange Milk Choice
<b>Monday July 8</b>	<b>Tuesday July 9</b>	<b>Wednesday July 10</b>	<b>Thursday July 11</b>	<b>Friday July 12</b>
Biscuits & Gravy Hash Brown Patty Sausage Patty Fresh Cantaloupe Milk Choice	Breaded Chicken Sandwich on WG/Bun Sun Chips Mixed Fruit Milk Choice	Grilled Cheese Sandwich Tomato Soup Steamed Zucchini Fresh Pear Milk Choice	Taco Seasoned Rice Refried Beans Fresh Grapes Milk Choice	Pizza Steamed Green Beans Fresh Honeydew Milk Choice

\*Non-fat (flavored or unflavored) or 1% Milk (unflavored) served daily. WG-Whole Grain. Reduced fat dressing is served with salads and fresh vegetables. Three vegetables served daily from the following list of vegetables: Romaine & Spinach Mix, Broccoli, Onions, Carrots, Celery, Cauliflower, Cucumbers, Tomatoes, Red or Green Peppers and Black Bean and Corn Salad, Marinated Corn Salad and Pinto Bean Salad. This institution is an equal opportunity provider. Menus are subject to change without notice.

\*FREE Food Pantry items available daily from 12:30-1:00 at each location. An adult must be present to pick up items. Please see one of the Summer Lunch Program teachers/supervisors for access to the pantry items.

# July/August 2019



**Washington Community Schools /Stewart Elementary**  
**Summer Lunch Menu**  
**Washington, Iowa**  
**Ages 1-18 Free Adults \$3.75**

<b>Monday</b> <b><u>July 15</u></b>	<b>Tuesday</b> <b><u>July 16</u></b>	<b>Wednesday</b> <b><u>July 17</u></b>	<b>Thursday</b> <b><u>July 18</u></b>	<b>Friday</b> <b><u>July 19</u></b>
Hamburger on WG/Bun Fritos Steamed Peas Fresh Apple Milk Choice	Super Beef Nachos Steamed Green Beans Refried Beans Pineapple Tidbits Milk Choice	Hot Dog French Fries Steamed Corn Fresh Banana Milk Choice	Turkey Gravy Mashed Potatoes Broccoli Parmesan Fresh Orange WG Roll w/Jelly Milk Choice	Marinated Chicken Sandwich Sun Chips Steamed Mixed Vegetables Fresh Watermelon Milk Choice
<b>Monday</b> <b><u>July 22</u></b>	<b>Tuesday</b> <b><u>July 23</u></b>	<b>Wednesday</b> <b><u>July 24</u></b>	<b>Thursday</b> <b><u>July 25</u></b>	<b>Friday</b> <b><u>July 26</u></b>
Chicken Fried Steak Baked Potato Steamed Carrots Fresh Pear Milk Choice	Turkey Sandwich on WG Bun Sun Chips Steamed Green Beans Fresh Strawberries Milk Choice	BBQ Rib Sandwich on WG Bun Sweet Potato Fries Applesauce Milk Choice	Sloppy Joe on WG Bun Potato Wedges Seasoned Peas Fresh Grapes Milk Choice	Pizza Zucchini Parmesan Fresh Mixed Fruit Cup Ice Cream Cup Milk Choice
<b>Monday</b> <b><u>July 29</u></b>	<b>Tuesday</b> <b><u>July 30</u></b>	<b>Wednesday</b> <b><u>July 31</u></b>	<b>Thursday</b> <b><u>August 1</u></b>	<b>Friday</b> <b><u>August 2</u></b>
Grilled Chicken Sandwich on WG Bun Sun Chips Baked Beans Fresh Apple Milk Choice	Italian Pasta Bake Broccoli Salad Diced Peaches Fresh WG Garlic Bread Milk Choice	Orange Chicken Brown Rice Steamed Corn Strawberries & Banana WG Donut Milk Choice	Taco Burger on WG/Bun Ranch Potato Wedges Steamed Mixed Vegetables Applesauce Milk	Macaroni & Cheese Steamed Peas & Carrots Mixed Fruit Snickerdoodles Milk Choice
<b>Monday</b> <b><u>August 5</u></b>	<b>Tuesday</b> <b><u>August 6</u></b>	<b>Wednesday</b> <b><u>August 7</u></b>	<b>Thursday</b> <b><u>August 8</u></b>	<b>Friday</b> <b><u>August 9</u></b>
Ham & Cheese Sub on WG Bun WG Tortilla Chips w/Salsa Steamed Carrots Fresh Grapes Milk Choice	Fajita Chicken Wrap w/Red & Green Peppers Refried Beans Diced Pears Milk Choice	Meatball Sub on WG Bun Ranch Potato Wedges Steamed Green Beans Fresh Orange Milk Choice	Breaded Chicken Sandwich on WG Bun French Fries Steamed Broccoli Apricots Milk Choice	Crispitos w/Cheese Sauce Tortilla Chips & Salsa Steamed Corn Fresh Apple Milk Choice

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