

# May 2018



Washington Community Schools  
Washington, Iowa  
Student Breakfast Menu

|   |  |  |  |   |
|---|--|--|--|---|
|   | <b>Tuesday<br/>May 1</b>   | <b>Wednesday<br/>May 2</b>   | <b>Thursday<br/>May 3</b>  | <b>Friday<br/>May 4</b>   |
|   | Cheese Omelet<br>English Muffin<br>Strawberries<br>Juice Choice<br>Milk Choice | WG Waffle w/syrup<br>Grapes<br>Juice Choice<br>Milk Choice                                 | Sausage Biscuit<br>Clementine<br>Juice Choice<br>Milk Choice                 | WG Cereal<br>Yogurt Cup<br>Juice Choice<br>Milk Choice  |
| <b>Monday<br/>May 7</b>   | <b>Tuesday<br/>May 8</b>   | <b>Wednesday<br/>May 9</b>   | <b>Thursday<br/>May 10</b>   | <b>Friday<br/>May 11</b>  |
| Biscuit & Gravy<br>Hash Brown<br>Juice Choice<br>Milk Choice        | Cook's Choice  | <b>PD/1:10 Dismissal</b><br>Pancake Bites<br>Fruit Smoothie<br>Juice Choice<br>Milk Choice | Long John<br>Apple<br>Juice Choice<br>Milk Choice                            | Breakfast Burrito<br>Mandarin Oranges<br>and Pineapple<br>Juice Choice<br>Milk Choice   |
| <b>Monday<br/>May 14</b>  | <b>Tuesday<br/>May 15</b>  | <b>Wednesday<br/>May 16</b>  | <b>Thursday<br/>May 17</b>   | <b>Friday<br/>May 18</b>  |
| French Toast Sticks<br>Sausage Patty<br>Juice Choice<br>Milk Choice | Breakfast Pizza<br>Mix Fruit<br>Juice Choice<br>Milk Choice                    | Ham & Cheese<br>Biscuit<br>Clementine<br>Juice Choice<br>Milk Choice                       | Breakfast Casserole<br>WG Toast<br>Fresh Pear<br>Juice Choice<br>Milk Choice | Pop Tart<br>Little Smokies<br>Juice Choice<br>Milk Choice   |
| <b>Monday<br/>May 21</b>  | <b>Tuesday<br/>May 22</b>  | <b>Wednesday<br/>May 23</b>  | <b>Thursday<br/>May 24</b>   | <b>Friday<br/>May 25</b>  |
| Mini Muffins<br>Hard Boiled Egg<br>Juice Choice<br>Milk Choice      | Blueberry Bubble<br>Bread<br>Diced Peaches<br>Juice Choice<br>Milk Choice      | Excellent Egg Taco<br>Cantaloupe<br>Juice Choice<br>Milk Choice                            | Cook's Choice  | WG Cereal<br>String Cheese<br>Apple<br>Juice Choice<br>Milk Choice  |
| <b>Monday<br/>May 28</b>  | <b>Tuesday<br/>May 29</b>  | <b>Wednesday<br/>May 30</b>  | <b>Thursday<br/>May 31</b>   |   |
| <b>No School<br/>Memorial Day</b>                                   | Pancake on a Stick<br>Applesauce Cup<br>Juice Choice<br>Milk Choice            | WG Cereal<br>WG Toast<br>Orange<br>Juice Choice<br>Milk Choice                             | <b>1:10 Dismissal<br/>Last Day of School</b><br><br>Cook's Choice            | *WG-Whole Grain.<br>Menus are subject to<br>change without<br>notice. This<br>institution is an<br>equal opportunity<br>provider. |

*Happy  
Summer*

# May 2018



Washington Community Schools  
Washington, Iowa  
Student Lunch Menu

|   |  |  |   |   |
|---|--|--|---|---|
|   | <b>Tuesday<br/>May 1</b>   | <b>Wednesday<br/>May 2</b>   | <b>Thursday<br/>May 3</b>   | <b>Friday<br/>May 4</b>   |
|   | Soft Taco<br>Refried Beans<br>Steamed Carrots<br>Banana<br>Royal Brownie<br>Milk Choice                                | Tenderloin on Bun<br>Sun Chips<br>Broccoli w/Cheese<br>Diced Peaches<br>Milk Choice                      | Italian Pasta Bake<br>Seasoned Green Beans<br>Fresh Pear<br>Bread & Butter<br>Milk Choice   | Hot Ham & Cheese<br>Tater Tots<br>Steamed Asparagus<br>Tropical Fruit<br>Sunshine Bar<br>Milk Choice                |
| <b>Monday<br/>May 7</b>   | <b>Tuesday<br/>May 8</b>   | <b>Wednesday<br/>May 9</b>   | <b>Thursday<br/>May 10</b>  | <b>Friday<br/>May 11</b>  |
| Mr. Rib Sandwich<br>Sweet Potato Fries<br>Baked Beans<br>Orange<br>Milk Choice                          | Chicken Nuggets<br>Mashed Potatoes w/Gravy<br>Sauteed Zucchini<br>Fresh Strawberries<br>WG Roll w/Jelly<br>Milk Choice | <b>PD/1:10 Dismissal</b><br>Philly Cheesesteak<br>French Fries<br>Seasoned Peas<br>Grapes<br>Milk Choice | Crispitos w/Cheese<br>Chips & Salsa<br>Steamed Corn<br>Fresh Fruit Cup<br>Milk Choice   | Cheese Pizza<br>Caesar Salad<br>Cantaloupe<br>Rice Crispy Bar<br>Milk Choice  |
| <b>Monday<br/>May 14</b>  | <b>Tuesday<br/>May 15</b>  | <b>Wednesday<br/>May 16</b>  | <b>Thursday<br/>May 17</b>  | <b>Friday<br/>May 18</b>  |
| Breaded Chicken on Bun<br>Fritos<br>Baby Carrots w/Hummus<br>Grapes<br>Milk Choice                      | Orange Chicken<br>Brown Rice<br>Stir Fry Vegetables<br>Fruit Smoothie<br>Milk Choice                                   | BBQ Pork on Bun<br>Sun Chips<br>Creamy Cole Slaw<br>Watermelon<br>Milk Choice                            | <b>Cook's Choice</b>  | Walking Taco<br>Lettuce & Cheese<br>Black Bean Corn Salsa<br>Rosy Applesauce<br>Peanut Butter Cookie<br>Milk Choice |
| <b>Monday<br/>May 21</b>  | <b>Tuesday<br/>May 22</b>  | <b>Wednesday<br/>May 23</b>  | <b>Thursday<br/>May 24</b>  | <b>Friday<br/>May 25</b>  |
| Cheeseburger<br>Green Leaf Lettuce & Tomato<br>French Fries<br>Baked Beans<br>Clementine<br>Milk Choice | Spaghetti w/Meat Sauce<br>Steamed Peas<br>Strawberries<br>Garlic Bread<br>Milk Choice                                  | Fajita Chicken Wrap<br>Refried Beans<br>Steamed Corn<br>Fresh Fruit Cup<br>Milk Choice                   | Macaroni & Cheese<br>Little Smokies<br>Mixed Vegetables<br>Diced Pears<br>Milk Choice   | Grilled Chicken on Bun<br>Sweet Potato Fries<br>Broccoli Parmesan<br>Banana<br>Milk Choice                          |
| <b>Monday<br/>May 28</b>  | <b>Tuesday<br/>May 29</b>  | <b>Wednesday<br/>May 30</b>  | <b>Thursday<br/>May 31</b>  |   |
| <b>No School<br/>Memorial Day</b>   | <b>Cook's Choice</b>   | Hot Dog<br>French Fries<br>Seasoned Green Beans<br>Watermelon<br>Milk Choice                             | <b>1:10 Dismissal<br/>Last Day of School</b><br>Turkey Sub<br>Sun Chips<br>Baby Carrots w/Ranch<br>Fresh Apple<br>Cookie<br>Milk Choice |   |

\*\*Daily Vegetable Bar Combinations: Romaine & Spinach Mix, Onions, Broccoli, Carrots, Cauliflower, Tomatoes, Red or Green Peppers, Celery and Cucumbers. Black Bean and Corn Salad, Marinated Corn and Pinto Bean Salad. Non-fat (flavored or unflavored) or 1% Milk (unflavored) served daily. Reduced fat dressing is served with salads and vegetables. Menus are subject to change without notice. This institution is an equal opportunity provider.

