


October 2017



Washington Community Schools Washington, Iowa K-12th Student Breakfast Menu

<p>Monday <u>October 2</u> Oatmeal Breakfast Round Yogurt Cup Fresh Mixed Fruit Cup Juice Choice Milk</p>	<p>Tuesday <u>October 3</u> Quick Blueberry Bubble Bread Fresh Apple Juice Choice Milk</p>	<p>Wednesday <u>October 4</u> WG Breakfast Egg & Cheese Burrito Diced Pears Juice Choice Milk</p>	<p>Thursday <u>October 5</u> Breakfast Pita w/salsa Fresh Apple Pear Juice Choice Milk</p>	<p>Friday <u>October 6</u> WG Cereal WG Waffles w/Syrup Fresh Orange Juice Choice Milk</p>
<p>Monday <u>October 9</u> WG Cereal Yogurt Cup Fresh Honeydew Juice Choice Milk</p>	<p>Tuesday <u>October 10</u> Biscuits & Gravy Diced Peaches Juice Choice Milk</p>	<p>Wednesday <u>October 11</u> Scrumptious Coffeecake Applesauce Juice Choice Milk</p>	<p>Thursday <u>October 12</u> Western Omelet Quesadilla w/Salsa Fresh Strawberries Juice Choice Milk</p>	<p>Friday <u>October 13</u> French Toast Sticks w/Syrup Fresh Citrus Fruit Cup Juice Choice Milk</p>
<p>Monday <u>October 16</u> WG Cinnamon Roll Fresh Apple Juice Choice Milk</p>	<p>Tuesday <u>October 17</u> WG Pancakes w/Syrup Sausage Patty Mandarin Oranges Juice Choice Milk</p>	<p>Wednesday <u>October 18</u> <i>Prof. Development 1:10 Dism.</i> Breakfast Pizza Diced Pears Juice Choice Milk</p>	<p>Thursday <u>October 19</u> Excellent Egg Taco w/Salsa Graham Crackers Grapes Juice Choice Milk</p>	<p>Friday <u>October 20</u> WG Muffin Banana Juice Choice Milk</p>
<p>Monday <u>October 23</u> WG Cereal Ham Patty Rosy Applesauce Juice Choice Milk</p>	<p>Tuesday <u>October 24</u> WG Bagel w/Toppings Fresh Pear Juice Choice Milk</p>	<p>Wednesday <u>October 25</u> Granola Bar Sliced Peaches Juice Choice Milk</p>	<p>Thursday <u>October 26</u> Fruit Parfait Sausage Patty Juice Choice Milk</p>	<p>Friday <u>October 27</u> Pancake on a Stick w/Syrup Pineapple Chunks Juice Choice Milk</p>
<p>Monday <u>October 30</u> Breakfast Pizza Fresh Strawberries Juice choice Milk</p>	<p>Tuesday <u>October 31</u> HALLOWEEN  MAPLE APPLE FRENCH TOAST FRESH GRAPES JUICE CHOICE MILK CHOICE</p>			<p>**Non-fat (flavored or unflavored) or 1% Milk (unflavored) served daily. WG-Whole Grain Menus are subject to change without notice. This institution is an equal opportunity provider.</p>