




OCTOBER 2017



Washington Community Schools
Washington, Iowa
Stewart Student Lunch Menu

<p>Monday October 2</p> <p>Chicken Nuggets French Fries Baked Beans Watermelon Milk</p>	<p>Tuesday October 3</p> <p>Corn Dog Sun Chips Corn Fresh Strawberries Snickerdoodle Milk</p>	<p>Wednesday October 4</p> <p>Cheesy Mascot Bread Ranch Potato Wedges Marinated Fresh Vegetable Salad Sliced Peaches Ice Cream Cup Milk</p>	<p>Thursday October 5</p> <p>Biscuits & Gravy Sausage Patty Hash Brown Patty Fresh Cantaloupe Milk</p>	<p>Friday October 6</p> <p>Chicken & Noodles Mashed Potatoes Steamed Carrots Fresh Apple Cornbread Milk</p>
<p>Monday October 9</p> <p>Pork Rib on a Bun Sweet Potato Puffs Pineapple & Mandarin Oranges Royal Brownie Milk</p>	<p>Tuesday October 10</p> <p>Beef Taco on WG Tortilla Corn Tortilla Chips w/Salsa Fresh Banana Milk</p>	<p>Wednesday October 11</p> <p>Breaded Chicken Sandwich Steamed Green Beans Potato Wedges Fresh Orange Milk</p>	<p>Thursday October 12</p> <p>Bean & Cheese Enchilada Seasoned Brown Rice Refried Beans Fresh Grapes Milk</p>	<p>Friday October 13</p> <p>Pepperoni Pizza Steamed Broccoli Banana Milk</p>
<p>Monday October 16</p> <p>Cheeseburger on a Bun Dark Green Leaf Lettuce & Tomato Slice Calico Beans Sweet Potato Fries Fresh Honeydew Ice Cream Cup Milk</p>	<p>Tuesday October 17</p> <p>Popcorn Shrimp Baked Potato Strawberries & Bananas Roll & Honey Milk</p>	<p>Wednesday October 18</p> <p><i>1:10 Dism. Prof. Development</i></p> <p>Chili Crackers Fresh Orange Fresh Baked Cinnamon Roll Milk</p>	<p>Thursday October 19</p> <p>Ham Steak Apple Glazed Sweet Potatoes Steamed Corn Apple Salad Angel Biscuit & Jelly Milk</p>	<p>Friday October 20</p> <p>Macaroni & Cheese Meatballs Diced Peaches Milk</p>
<p>Monday October 23</p> <p>Orange Chicken w/Brown Rice Stir-Fry Vegetables Diced Pears Cinnamon Puff Milk</p>	<p>Tuesday October 24</p> <p>Pig in a Blanket Potato Wedges Broccoli W/Cheese Fresh Grapes Milk</p>	<p>Wednesday October 25</p> <p>Spaghetti w/Meat Sauce Steamed Green Beans Banana Fresh Garlic Bread Milk</p>	<p>Thursday October 26</p> <p>Italian Chicken Sandwich on a Bun Romaine Lettuce & Tomato Slice Refried Beans Steamed Corn Tropical Fruit Milk</p>	<p>Friday October 27</p> <p>Crispitos w/Salsa Cheese Sauce Strawberries Royal Brownie Milk</p>
<p>Monday October 30</p> <p>Cheesy Noodles w/Beef Steamed Carrots Fruit Parfait Apple Milk</p>	<p>Tuesday October 31 HALLOWEEN</p> <p></p> <p>GRILLED CHEESE TOMATO SOUP STEAMED BROCCOLI PARMESAN HAWKEYE SALAD ORANGE MILK</p>		<p>Daily Vegetable Bar Combinations: Romaine & Spinach Mix, Onions, Broccoli, Carrots, Cauliflower, Tomatoes, Red or Green Peppers, Celery Cucumbers and Black Bean and Corn Salad, Marinated Corn and Pinto Bean Salad</p>	<p>Non-fat (flavored or unflavored) or 1% Milk (unflavored) served daily. Reduced fat dressing is served with salads & fresh vegetables. Menus are subject to change without notice. This institution is an equal opportunity provider.</p>