

May 2017



Washington Community Schools
Washington, Iowa
Middle School Lunch Menu

Monday May 1	Tuesday May 2	Wednesday May 3 <i>Prof. Devel./1:10</i> <i>Dism</i> Cook's Choice	Thursday May 4	Friday May 5
Philly Steak w/Red & Green Peppers French Fries Fresh Grapes WG Roll & Honey Milk	Pork Tenderloin Sandwich on WG Bun Sun Chips Steamed Green Beans Diced Pears Milk		Mini Meatball Sub on WG Bun Ranch Potato Wedges Fresh Orange Milk	Popcorn Chicken Baked Potato Broccoli Parmesan Fresh Strawberries Milk
Monday May 8	Tuesday May 9	Wednesday May 10	Thursday May 11	Friday May 12
Super Nachos Steamed Green Beans Refried Beans Pineapple Tidbits Milk	Beef & Gravy Mashed Potatoes Applesauce Bread W/Jelly Milk	Breaded Chicken Sandwich on WG Bun Sweet Potato Fries Banana Milk	Orange Chicken Brown Rice Stir-Fry Vegetables Fresh Grapes Ice Cream Cup Milk	Home-style Pizza Steamed Corn Fresh Apple Milk
Monday May 15	Tuesday May 16	Wednesday May 17	Thursday May 18	Friday May 19
Pulled Pork Sandwich on WG Bun Sun Chips Baked Beans Fresh Pear Milk	Corn Dog French Fries Fresh Grapes Ice Cream Cup Milk	Chicken Nuggets Mashed Potatoes Mixed Fruit WG Bread w/Jelly Milk	Lasagna Steamed Green Beans Fresh Clementine Fresh Garlic Bread Milk	Cheeseburger on a WG Bun Fritos Fresh Watermelon Milk
Monday May 22	Tuesday May 23	Wednesday May 24 Cook's Choice	Thursday May 25 <i>Last day of school 1:10</i> <i>Dismissal</i> Ham & Cheese Sub Sun Chips Fresh Carrots Fresh Apple Cookie Milk	Friday May 26
Pizza Steamed Corn Tossed Salad Fresh Strawberries Milk	Crispitos w/Cheese Sauce Mixed Vegetables Banana Ice Cream Cup Milk			
Monday May 29	Tuesday May 30	Wednesday May 31	Daily Vegetable Bar Combinations: Romaine & Spinach Mix, Onions, Broccoli, Carrots, Cauliflower, Tomatoes, Red or Green Peppers, Celery Cucumbers and Black Bean and Corn Salad, Marinated Corn and Pinto Bean Salad	

* Non-fat (flavored or unflavored) or 1% Milk (unflavored) served daily. Reduced fat dressing is served with salads & fresh vegetables Menus are subject to change without notice. This institution is an equal opportunity provider. *Alternate Main Dish Option: Peanut Butter and Jelly Sandwich.

