

April 2017



Washington Community Schools
Washington, Iowa
High School Student Lunch Menu



			<p>Daily Vegetable Bar Combinations: Romaine & Spinach Mix, Onions, Broccoli, Carrots, Cauliflower, Tomatoes, Red or Green Peppers, Celery Cucumbers and Black Bean and Corn Salad, Marinated Corn and Pinto Bean Salad</p>	<p>* Non-fat (flavored or unflavored) or 1% Milk (unflavored) served daily. Reduced fat dressing is served with salads & fresh vegetables Menus are subject to change without notice. This institution is an equal opportunity provider. *Alternate Main Dish Option: Peanut Butter and Jelly Sandwich.</p>
<p style="text-align: center;">Monday April 3</p> <p>Cheeseburger on WG Bun w/Dark Green Leaf Lettuce Calico Beans Sweet Potato Fries Diced Peaches Milk</p>	<p style="text-align: center;">Tuesday April 4</p> <p>Supper Beef Nacho Refried Beans Steamed Corn Fresh Orange Milk</p>	<p style="text-align: center;">Wednesday April 5</p> <p>Meatball Sub Fritos Steamed Green Beans Fresh Grapes Milk</p>	<p style="text-align: center;">Thursday April 6</p> <p>Philly Steak w/Red & Green Peppers French Fries Steamed Broccoli Fresh Apple Pear Milk</p>	<p style="text-align: center;">Friday April 7</p> <p>Cheese Pizza Steamed Peas & Carrots Strawberries & Banana Fresh Cinnamon Roll Milk</p>
<p style="text-align: center;">Monday April 10</p> <p>Crispitos w/Cheese Sauce Mixed Vegetables Fresh Apple Ice Cream Cup Milk</p>	<p style="text-align: center;">Tuesday April 11</p> <p>Chicken Nuggets Apple Glazed Sweet Potatoes Fresh Clementine WG Roll Milk</p>	<p style="text-align: center;">Wednesday April 12</p> <p style="text-align: center;">Prof. Devel./1:10 Dism</p> <p>Mr. Rib Sandwich Sun Chips Hummus Diced Pears Milk</p>	<p style="text-align: center;">Thursday April 13</p> <p>Taco Burger on WG Bun French Fries Baked Beans Strawberries Milk</p>	<p style="text-align: center;">Friday April 14</p> <p style="text-align: center;">No School Easter Break</p>
<p style="text-align: center;">Monday April 17</p> <p style="text-align: center;">No School Easter Break</p>	<p style="text-align: center;">Tuesday April 18</p> <p>Hamburger on WG Bun w/Dark Green Leaf Lettuce Calico Beans Sweet Potato Fries Fresh Orange Milk</p>	<p style="text-align: center;">Wednesday April 19</p> <p>Pig in a Blanket Potato Wedges Mixed Vegetables Banana Milk</p>	<p style="text-align: center;">Thursday April 20</p> <p>Pork Tenderloin French Fries Steamed Corn Fresh Fruit Cup Milk</p>	<p style="text-align: center;">Friday April 21</p> <p>Italian Chicken Sandwich Sun Chips Steamed Green Beans Diced Peaches Milk</p>
<p style="text-align: center;">Monday April 24</p> <p>Sloppy Joe on WG Bun Ranch Potato Fries Baked Beans Tropical Fruit Milk</p>	<p style="text-align: center;">Tuesday April 25</p> <p>Biscuits & Gravy Sausage Patty Hash Brown Patty Fresh Orange Milk</p>	<p style="text-align: center;">Wednesday April 26</p> <p style="text-align: center;">Prof. Devel./1:10 Dism</p> <p>Breaded Chicken Sandwich Seasoned Rice Applesauce Milk</p>	<p style="text-align: center;">Thursday April 27</p> <p>Spaghetti w/Meat Sauce Broccoli Parmesan Mixed Fruit Fresh Garlic Bread Milk</p>	<p style="text-align: center;">Friday April 28</p> <p>Orange Chicken Brown Rice Stir-Fry Vegetables Fresh Apple Pear Sunshine Bar Milk</p>